



Just a bit of
tummy trouble”



Contact your GP practice

If you've had **tummy trouble** such as **discomfort or diarrhoea for three or more**, or seen **blood in your pee just once**, it could be a sign of cancer. It's probably nothing serious, but finding it early makes it more treatable.

Your NHS wants to see you.
nhs.uk/cancersymptoms

Clear on
cancer

