



You can now submit your blood pressure readings via our website or eConsult iPhone app

Visit our practice website and look for a link to “hypertension review”
Or search the Apple App Store for “eConsult”

What is the hypertension review?

To help keep you healthy, your GP reviews your blood pressure on a regular basis.

The hypertension review lets you submit your blood pressure readings to your practice via a simple online form on the practice website - or via the eConsult iPhone app.

How does the hypertension review work?

To submit your review, visit the practice website or download the eConsult app from the Apple app store.



Add your details, enter at least three blood pressure readings and answer a few quick questions. Once completed, the information is sent securely to your practice. We will contact you by the end of the next working day with a response.

If you download the app and enable notifications, you will also get regular reminders about when to enter your blood pressure readings and submit your next review. You can even sync your readings from a Bluetooth-enabled measuring cuff.

How can the hypertension review help me?

The hypertension review can save you time by not having to attend the surgery and may improve the treatment of your blood pressure over time. When you submit your hypertension review via the online

form or app, your GP or nurse will be able to compare your submission with your previous readings on file and recommend adjustments in your treatment or offer lifestyle advice.

What should I do if I have a very low / high BP reading?

The eConsult hypertension review form and app will detect if you enter a very high or very low reading and may suggest you seek urgent advice if this is the case.

Who has access to my information?

Only the practice will have access to your blood pressure measurements and responses to questions submitted. If you use the app, your data will also be stored on your phone.

What happens with my information once the practice receives it?

Your details and blood pressure readings are sent to the secure practice email inbox. The practice administration will pass this information on to the GP or nurse for review.

Will I continue to see a GP or nurse for regular blood pressure reviews?

The hypertension review may allow your GP or practice nurse to manage your blood pressure remotely. However, dependent on your readings and responses to any questions, you may be called into the surgery for a face-to-face review.

Can I request medication through the form or app?

Although your GP may change your prescription as a result of your hypertension review, if you require a regular refill of your usual blood pressure medication, this will have to be requested through the practice's usual channels.

Can I make an appointment to see a GP or nurse through the online form or app?

No. If you would like to make an appointment to see a GP or nurse, please contact the practice directly or use online appointment booking, if available.

I am experiencing technical issues with my app, who should I contact?

Contact: app@webgp.com